

**HOBART/ WILLIAM SMITH INVITATIONAL
SATURDAY, FEBRUARY 1, 2003
HOBART/WILLIAM SMITH FIELDHOUSE**

Dear Coach,

You and your team are invited to attend the 3rd Hobart/William Smith Invitational, sponsored by the Rochester Winter Track League, and being contested at the Hobart/ William Smith Fieldhouse. The track is 8 lane, 200meters, with two 55meter strait a ways for the sprints. The shot is off a wooden platform, and there is a long jump/triple jump pit and a pole vault runway. The track is extremely fast, and many outstanding times have occurred there. It is again the site for the SUNY Championships, even though Hobart is not a SUNY school. Below is the pertinent information regarding the meet.

Time: 3:00 – 10:00 p.m.

Schools should not arrive until 2:30

Order of Events: All Events will be run as finals.

Girls 3000m Run

Boys 3200m Run

Girls/Boys 1000m Run

Girls' 1500m Racewalk

Girls/Boys 600m Run

Girls/Boys 55m Dash

Girls' 1500m Run

Boys' 1600m Run

Girls/Boys 300m Dash

Girls/Boys 55m Hurdles

Girls/Boys' 4 x 800m Relay

Girls/Boys' 4 x 400m Relay

Girls'/Boys 4 x 200m Relay

Boys/ Girls Shot Put

Girls/ Boys High Jump

Boys'/Girls' Pole Vault

Girls'/Boys Long Jump

Girls'/Boys Triple Jump after the Long Jump

Other Information:

1. Scoring – 10,8,6,5,4,3,2,1 Team trophies for the 1st five teams.

2. Awards: Medals 1 – 3, ribbons 4 - 8

3. Absolutely NO SPIKES.

4. Bring your own starting blocks

5. TWO ATHLETES PER EVENT, ONE RELAY PER SCHOOL. A SCHOOL MAY HAVE THREE ENTRANTS PER EVENT IF ALL THE ATHLETES HAVE MET THE FOLLOWING STANDARDS. FOR SECTION V SCHOOLS, THESE PERFORMANCES MUST BE MET ON THE LEADERS' WEB SITE.

EVENT	BOYS	GIRLS
55m Dash	7.1	8.0
55m Hurdles	9.1	10.4
300m Dash	40.7	49.0
600m Run	1:40.0	2:02.0
1000m Run	3:00.0	3:40.0
1500m Run		5:50.0
1600m Run	5:00.0	
3000m Run		12:50.0
3200m Run	11:00.0	
1500m Racewalk		9:30.0
Pole Vault	10' 6"	7' 6"
Shot Put	39' 00"	25' 00"
Long Jump	19' 10"	14' 00"
Triple Jump	39' 00"	31' 00"
High Jump	5' 6"	4' 6"

One Relay Per School Per Event.

6. Starting Heights: Boys Pole Vault – 10'0"
 Girls Pole Vault – 7'0"
 Girls' High Jump – 4' 4"
 Boys' High Jump – 5' 4"

7. Long Jump and Triple Jump will be an open pit. All Jumpers will get 2 jumps, top 8 will get 2 more jumps

8. Entry Fee: For Rochester Winter Track League – it is included in your dues.
 For non- RWTL members - \$10.00 per athlete, \$130.00 maximum.

Make Checks or vouchers payable to the Rochester Winter Track League

9. There is limited parking at Hobart. Please have your buses follow the directions of the parking attendant.

If your bus comes early, your team must go, we can not have buses blocking the fire lanes

10. Entries are due **on Monday, January 27, 2003**

Entry Sheet: Entries are due on MONDAY, January 27, 2003

Mail to: Dave Hennessey
1352 Pinnacle Road
Henrietta, New York 14467

Fax: 716-385-3492 (Penfield must be there by 5:00 pm
email: dhenness@rochester.rr.com)

SCHOOL _____ COACH _____

BOYS' or GIRLS' ENTRY

NAME	EVENT & PERFORMANCE	EVENT & PERFORMANCE	EVENT & PERFORMANCE
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- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____
- 13. _____
- 14. _____
- 15. _____
- 16. _____
- 17. _____
- 18. _____
- 19. _____
- 20. _____

4 X 200M RELAY _____ 4 X 400M RELAY _____ 4 X 800M RELAY _____