

1st Annual Wayne Central Modified Invitational
Wednesday, May 31st
Wayne Central High School

Coaches' Meeting 4:00 p.m.
Competition starts 4:15 p.m.

New (2006) Eight Lane All –Weather Track
 All-Weather surface for high jump area as well as for long and triple jump runways (two sand pits)
 Awards for places 1-6 in all events (Medal for 1st place and ribbons for 2nd – 6th) and trophies to top three teams

Entry Fee - \$45 per team \$80 for both boys & girls teams) Individual Entries will be accepted at \$5 per athlete per event
 Certified officials will be provided
 No spikes allowed (state rule for modified athletes)
 One false start permitted before disqualification
NO food or drink is allowed on the infield of the track
 Concession stand will be selling food and drinks as well as t-shirts for purchase

We will be using a card system. For an athlete to be eligible for an event, he/she must have participated in that event at least ONCE during the current modified season and have an actual, NOT estimated, performance recorded for the event. Upon a team's arrival, a coach will place a 3 x 5 index card for each event and for each athlete in the corresponding envelope located at the scoring table. Please make sure that the card is in the correct envelope for each event. Please indicate an actual (not estimated) seeding performance, as failure to do so will result in your athlete being placed in the slowest heat. For relay teams, please provide the names of the athletes entered. An example of the card is as follows:

Athletes' Name	Event	John Gray	Shot Put
School	Performance	Wayne	25' 3 1/2 "
	Date		05-03-06

Entry restrictions
 20 team limitation (10 Boys and 10 Girls)
 Competition open to ONLY athletes that are currently in grades 7 and 8
 Athletes must NOT have competed in ANY junior varsity or varsity competitions
 If an athlete is participating in two running events, the total distance may not exceed 2300 Meters
 3 events max. per athlete
 4 athletes max. per event per school
 1 relay team per event per school
 All races are final (In the event of a tie, both athletes will receive awards for the place finish)

Order of events

Running Events (All events will be girls then boys.) (Heats will run slow to fast)	Field Events
200 M Hurdles (Girls/Boys) 4 x 100 M Relay (Girls/Boys) 1500 M Run (Girls/Boys) 100 M Dash (Girls/Boys) 400 M Dash (Girls/Boys) 55 M Hurdles (Girls/Boys) 800 M Run (Girls/Boys) 200 M Dash (Girls/Boys) Sprint Medley Relay - 100, 100, 200, 400 (Girls/Boys)	High Jump – Girls/Boys (We may use two pits) Discus - Girls/Boys Shot – Boys/Girls Long Jump – Boys/West Pit Girls/East Pit (Open Pit – 4:15 – 5:00) Triple Jump – Boys/West Pit Girls/East Pit (Open Pit – 5:00 – 5:45)

Please send registration form with payment by April 20th to:

Make check payable to Wayne Track & Field Booster Club

Wayne Track & Field Booster Club
 Co: Deanna Ventura
 1826 Paddy Lane
 Ontario, NY 14519

For all other questions about the invitational, please contact Charlie Roods at 585-755-8782 (cell) or croods@wayne.k12.ny.us (e-mail preferred)
 For entry and payment questions and conf ormations, please contact Deanna Ventura at 315-524-3675 dventura@mail.acninc.net (e-mail preferred)

Registration Form Wayne Central Modified Invitational

- _____ - Boys Team (\$45)
- _____ - Girls Team (\$45)
- _____ - Both Boys & Girls Teams (\$80.00)

Please check appropriate blank