

2006 Runnin Cadet Classic - 5/12/2006
Meet Program

Event 1 Men 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Dustin Knuet	Schroeder	
3	Shavar Braswell	Wilson Magne	
4	AJ Machamer	Hilton	
5	Craig Carlisle	East Rochest	
6	James Hainsworth	Sutherland	
Section 2 of 3 Finals			
1	William Reynolds	Wilson Magne	
2	Rich Ripley	Hilton	
3	Chris Lopez	Sutherland	
4	Greg Kobuszewski	Solvay	
5	Devon Brown	Olympia	
6	Daren Franklin	Arcadia	
7	Nate Greene	Arcadia	
8	Dan Mitchell	Mendon Girls	
Section 3 of 3 Finals			
1	Cory Humphries	Irondequoit	
2	Kemar Burton	Eastridge	
3	Geoff Kobuszewski	Solvay	
4	Mike Grobsmith	Solvay	
5	Robert James	Eastridge	
6	Vince Tutino	Mendon Girls	
7	Wenley Louis	Irondequoit	
8	Matt Goodlow	Olympia	

Event 2 Women 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Katie Morris	Olympia	
2	Chynna Morrison	East Rochest	
3	Savoya Spirro	Arcadia	
4	Colleen Brett	Irondequoit	
5	Hannah Schwabe	Schroeder	
6	Lindsey Abdo	East Rochest	
7	Andi Frazak	Olympia	
Section 2 of 3 Finals			
1	Nicole Kane	Spencerport	
2	Caroline Dobson	Hilton	
3	Laura Bartos	Sutherland	
4	Alanna Stecura	Eastridge	
5	Jazmin Dunham	Arcadia	
6	Ana Chapman	Fairport	
7	Charnel Council	Wilson	
8	Tamara Nelson	Wilson	
Section 3 of 3 Finals			
1	Deirdre Carter	Sutherland	
2	Corrine McIntosh	Fairport	
3	Emily German	Irondequoit	
4	Melissa Scorse	Mendon Girls	
5	Tahrea Flemming	Eastridge	
6	Brianna Webb	Mendon Girls	
7	Kayla Johnson	Fairport	
8	Marikka Joseph	Hilton	

Event 3 Men 200 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
2	Lanz Lopez	Sutherland	
3	Shavar Braswell	Wilson Magne	
4	Sean Fagan	East Rochest	
5	Grady Thomas	Schroeder	
6	Kyle Vincequerra	Hilton	
7	Nate Greene	Arcadia	
Section 2 of 3 Finals			
1	Craig Carlisle	East Rochest	
2	Vince Tutino	Mendon Girls	
3	Chris Maloney	Irondequoit	
4	Mark Samuels	Irondequoit	
5	Daren Franklin	Arcadia	
6	Rz Lampley	Olympia	
7	Rashad Smith	Olympia	
8	Matt Kim	Sutherland	
Section 3 of 3 Finals			
1	Rich Ripley	Hilton	
2	William Reynolds	Wilson Magne	
3	Nick Iulliuci	Mendon Girls	
4	Mike Grobsmith	Solvay	
5	Robert James	Eastridge	
6	Geoff Kobuszewski	Solvay	
7	Kemar Burton	Eastridge	
8	Brendan Holiday	Solvay	

Event 4 Women 200 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
3	Lauren Manns	Arcadia	
4	Courtney Badger	East Rochest	
5	Marisa Sipora	Olympia	
Section 2 of 3 Finals			
1	Diamante Hill	Wilson	
2	Nicole Kane	Spencerport	
3	Ajah Session	Arcadia	
4	Lauren Kellner	Sutherland	
5	Laura Bartos	Sutherland	
6	Colleen Brett	Irondequoit	
7	Stephanie Wendt	East Rochest	
8	DaVonna Harrison	Wilson	
Section 3 of 3 Finals			
1	Corrine McIntosh	Fairport	
2	Marikka Joseph	Hilton	
3	Casey Oyer	Hilton	
4	Melissa Scorse	Mendon Girls	
5	Brianna Webb	Mendon Girls	
6	Kayla Johnson	Fairport	
7	Jessica Bauer	Fairport	
8	Emily German	Irondequoit	

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Event 5 Men 400 Meter Dash

Lane Name	School	Seed Time
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Section 1 of 3 Finals

1	Jake Brown-Steiner	East Rochest
2	Grady Thomas	Schroeder
3	Jordan Dean	Olympia
4	Matt Galbo	Arcadia
5	Kieran O'Dea	Sutherland
6	Mark Vanden Bout	Schroeder
7	Rob Ford	Olympia
8	Tarik Osmanovic	East Rochest

Section 2 of 3 Finals

1	Charles Jackson	Wilson Magne
2	Jordan Addison	Irondequoit
3	Andrew Chelowa	Spencerport
4	Angel Cordero	Solvay
5	Septimus Scott	Eastridge
6	Simon Higgins	Eastridge
7	Jake Schum	Irondequoit
8	Chris Postel	Wilson Magne

Section 3 of 3 Finals

1	Nick Iulliuci	Mendon Girls
2	Mike May	Solvay
3	Brian Goodrich	Solvay
4	John Picardo	Hilton
5	Eric Fontanez	Hilton
6	Matt Salminin	Arcadia
7	Jeff Boyar	Mendon Girls
8	Bill Phipps	Sutherland

Event 6 Women 400 Meter Dash

Lane Name	School	Seed Time
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Section 1 of 3 Finals

2	Nadine Lubojanski	East Rochest
3	Melanie Waldow	Spencerport
4	Julisa McCullough	Wilson
5	Emily Heiler	Spencerport
6	Laura Jackelen	Sutherland
7	Elizabeth Johnston	East Rochest

Section 2 of 3 Finals

1	Lorye Manns	Arcadia
2	Laura Kraftschik	Irondequoit
3	Tara Murphy	Wilson
4	Sarah Studwell	Sutherland
5	Sara D'Ambrosia	Irondequoit
6	Ajah Session	Arcadia
7	Nyiesha Washington	Eastridge
8	Chandra Dunwoody	Eastridge

Section 3 of 3 Finals

1	Asia Henry	Olympia
2	Becca Ritchie	Hilton
3	Casey Oyer	Hilton
4	Liz Looby	Mendon Girls
5	Allison Kittleberger	Schroeder
6	Jessica Bauer	Fairport
7	Jenn Spitzer	Fairport
8	Shaylyn Tuite	Mendon Girls

Event 7 Men 800 Meter Run

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1	Jake Schum	Irondequoit
2	Dave Kopin	Schroeder
3	Zach Borden	Olympia
4	Carlo Senn	Sutherland
5	Frank Diaz	Eastridge
6	David Lopez	Eastridge
7	John Crumb	East Rochest
8	Jeff Simpson	Arcadia
9	Jon Cruz	Eastridge
10	Jeff DelCorvo	Hilton
11	Shandon Odum	Wilson Magne
12	Nathan Hollister	Wilson Magne
13	Stephen Albrecht	Schroeder
14	Ian Lewandowski	Olympia

Section 2 of 2 Finals

1	Chris Maloney	Irondequoit
2	Dan Burrows	Hilton
3	Jeff Palumbo	Arcadia
4	Mike May	Solvay
5	Angel Cordero	Solvay
6	Matt Walrath	Mendon Girls
7	Brad Sawyer	Hilton
8	Tucker Likely	Mendon Girls
9	Matt Salminin	Arcadia
10	Scott Longwell	Sutherland
11	Will Miller	Sutherland
12	Jeff Boyar	Mendon Girls
13	Keith Bull	Irondequoit
14	Charlie Smith	Spencerport
15	Tim Dunn	East Rochest

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Event 8 Women 800 Meter Run

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals		
1 Shannon Bradley	Irondequoit	
2 Erin Pratt	Hilton	
3 Maureen Jones	Irondequoit	
4 Sam Ramos	Hilton	
5 Kelly Donovan	Irondequoit	
6 Regina May	Wilson	
7 Amanda Barbara	Arcadia	
8 Ashley Whiderhold	Olympia	
9 Maya English	Wilson	
10 Amanda Bradstreet	East Rochest	
11 Sarah Ingstrum	Arcadia	

Section 2 of 2 Finals

1 Shelby Herman	Hilton	
2 Nora Mitchell	Mendon Girls	
3 Natalie Dickerson	Fairport	
4 Devon Costello	Mendon Girls	
5 Florence Williams	Sutherland	
6 Jenna Bauer	Spencerport	
7 Karina Spicer	Spencerport	
8 Jennie Springer	Fairport	
9 Laura Finke	Fairport	
10 Jesse Ward	Sutherland	
11 Marlies Woods	Mendon Girls	

Event 9 Men 1600 Meter Run

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals		
1 John Burt	Solvay	
2 Dan Knopp	East Rochest	
3 Conor Phelan	Sutherland	
4 Brandon Garlock	Mendon Girls	
5 Chris Burke	Spencerport	
6 Cory Herman	Hilton	
7 Ben Woody	Arcadia	
8 Jeff Simpson	Arcadia	
9 Mark Waldron	Solvay	
10 Chris Chatterton	Schroeder	
11 Matt Shutts	Solvay	
12 John Schoeniger	Mendon Girls	
13 Corey Wilson	Sutherland	
14 Matt Wilsey	Olympia	
15 Detrick Jones	Wilson Magne	

Section 2 of 2 Finals

1 Tim Quinn	Sutherland	
2 Nick Lowe	Spencerport	
3 Jeff Palumbo	Arcadia	
4 Dan Ciaccio	Schroeder	
5 Ben Wallace	Hilton	
6 Steve Pecoraro	East Rochest	
7 Zach Borden	Olympia	
8 Chris Antonitis	Mendon Girls	
9 Sean Bullock	Hilton	
10 Taylor Gefell	Eastridge	
11 Nick Chelowa	Spencerport	
12 Matt Petsos	Irondequoit	
13 Nate Young	Irondequoit	

Event 10 Women 1500 Meter Run

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals		
1 Anna Schroeder	Fairport	
2 Amanda Barbara	Arcadia	
3 Valerie Botsis	Eastridge	
4 Molly Mahoney	Mendon Girls	
5 Sarah McAdam	Irondequoit	
6 Nicole McLaren	Mendon Girls	
7 Megan Frame	Sutherland	
8 Megan Zarczycki	Irondequoit	
9 Anna Bower	Mendon Girls	
10 Giovanna Evangelista	East Rochest	
11 Amanda Bradstreet	East Rochest	
12 Regina May	Wilson	

Section 2 of 2 Finals

1 Leah Andrianos	East Syracuse	
2 Allison Sawyer	Hilton	
3 Jessica Bennett	Irondequoit	
4 Ashley Jones	Hilton	
5 Megan Rieger	Schroeder	
6 Jenna Bauer	Spencerport	
7 Amy Cymerman	Sutherland	
8 Lindsay Crocetti	Hilton	
9 Celeste Fuqua	Fairport	
10 Morgan Atkins	Mendon Girls	
11 Lindsay Conway	Eastridge	

**2006 Runnin Cadet Classic - 5/12/2006
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Event 11 Men 3000 Meter Steeplechase

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 1 Finals		
1 Ryan Bloom	Spencerport	
2 Greg Hanlon	Mendon Girls	
3 Mitchell Boucher	Sutherland	
4 Scott Longwell	Sutherland	
5 Tim Spath	Hilton	
6 Cory Herman	Hilton	
7 Mark Pugliese	Mendon Girls	
8 Brandon Yockel	Hilton	
9 Matt Petsos	Irondequoit	
10 Nate Young	Irondequoit	
11 Blaze Veljovski	Eastridge	
12 Dan Beaty	Arcadia	
13 Taylor Scott	Mendon Girls	
14 Will Hnatko	Solvay	
15 Dan Ciaccio	Schroeder	
16 Ben Woody	Arcadia	
17 Eric Slater	Arcadia	
18 Richard Salvagno	Solvay	
19 Chris Chatterton	Schroeder	

Event 12 Women 2000 Meter Steeplechase

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 1 Finals		
1 Allison Sawyer	Hilton	
2 Leah Andrianos	East Syracuse	
3 Julie Cass	Fairport	
4 Ashley Jones	Hilton	
5 Lindsay Conway	Eastridge	
6 Staci Woytash	Fairport	
7 Becca Ritchie	Hilton	
8 Keri Martin	Fairport	
9 Jenna Wood	Fairport	
10 Claire McMahon	Schroeder	
11 Kelly Donovan	Irondequoit	
12 Sarah McAdam	Irondequoit	
13 Jessica Rainey	Irondequoit	
14 Larisa Bishop-Barros	Arcadia	
15 Sarah Skelly	Spencerport	
16 Sarah Templeton	Spencerport	

Event 13 Men 3200 Meter Run

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 1 Finals		
1 Bill Juda	Irondequoit	
2 Bobby Hallock	Mendon Girls	
3 Nate Pietropaolo	Hilton	
4 Alex Kirwan	Sutherland	
5 Max Jacobson	Sutherland	
6 Blaze Veljovski	Eastridge	
7 Peter Francia	Olympia	
8 Ryan Smyth	Sutherland	
9 Steve Brindak	Solvay	
10 Brandon Yockel	Hilton	
11 Ben Woody	Arcadia	
12 Jimmy Ruszczak	Solvay	
13 Kyle Cackett	Mendon Girls	
14 Bryan Dooley	Mendon Girls	
15 Chris Sardella	East Rochest	
16 Dan Beaty	Arcadia	
17 Matt Sadowski	Hilton	
18 Matt Liquori	East Rochest	
19 Sam Miller	Olympia	

Event 14 Women 3000 Meter Run

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 1 Finals		
1 Amanda Griggs	Hilton	
2 Caroline Schultz	Hilton	
3 Jessica Bennett	Irondequoit	
4 Ashley Cocuzzi	Schroeder	
5 Katie Bower	Mendon Girls	
6 Celeste Fuqua	Fairport	
7 Lindsay Conway	Eastridge	
8 Sarah Ritchie	Hilton	
9 Carolyn Gombert	Wilson	
10 Danielle Hunt	Sutherland	
11 Sara Lak-Ayat	Fairport	
12 Rachel Cackett	Mendon Girls	
13 Valerie Botsis	Eastridge	
14 Carolyn D'Aprix	Arcadia	
15 Strassenburgh Clara	Mendon Girls	
16 Sarah Ingstrum	Arcadia	
17 Kara McGovern	Spencerport	
18 Jessica Rainey	Irondequoit	

Event 17 Men 110 Meter Hurdles

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 3 Finals		
1 Nathaniel Hess	Sutherland	
2 Casey Sukhavong	Wilson Magne	
3 Dustin Kneut	Schroeder	
4 Charlie Smith	Spencerport	
5 Jerry Ntumba	Olympia	
6 Dave Farchione	East Rochest	
7 Greg Vernon	Sutherland	

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Section 2 of 3 Finals...(Event 17 Men 110 Meter Hurdles)

1	Derek Scott	Irondequoit
2	Adam Tenbrook	Arcadia
3	Andrew Chelowa	Spencerport
4	Russell Rawson	Irondequoit
5	Mike Rinere	Olympia
6	Mike Giordano	Hilton
7	Conor Halton	Solvay
8	John Yung	Arcadia

Section 3 of 3 Finals

1	Ben Wallace	Hilton
2	Tim Dillon	Mendon Girls
3	Lenzy Blake	Wilson Magne
4	Chandler Brown	Eastridge
5	Dan Moriarty	Schroeder
6	Tyler Babeck	Eastridge
7	Will Campbell	Mendon Girls
8	Matt Shutts	Solvay

Event 18 Women 100 Meter Hurdles

Lane Name	School	Seed Time
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Section 1 of 3 Finals

3	Katherine Boy	East Rochest
4	Daniela Cissell	Olympia
5	Chelsea Conway	Eastridge
6	Rachel Gears	East Rochest

Section 2 of 3 Finals

1	Taylor Eike	Irondequoit
2	Amy Gan	Sutherland
3	Laura Maloney	Eastridge
4	Jazmin Dunham	Arcadia
5	Jessica Clark	Irondequoit
6	Nicole Dunshie	Spencerport
7	Nicole Kane	Spencerport
8	Amanda Payment	Hilton

Section 3 of 3 Finals

1	Emmese Daniels	Mendon Girls
2	Doriean Broady	Wilson
3	Marikka Joseph	Hilton
4	Paige Wray	Hilton
5	Vicki Liwush	Schroeder
6	Deirdre Carter	Sutherland
7	Lauren Manns	Arcadia
8	Lindsay Rock	Schroeder

Event 19 Men 400 Meter Hurdles

Lane Name	School	Seed Time
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Section 1 of 3 Finals

2	Nathaniel Hess	Sutherland
3	Casey Sukhavong	Wilson Magne
4	Matt Gacioch	Mendon Girls
5	Andrew Cassidy	Olympia
6	Kurt Knoess	Olympia
7	Greg Vernon	Sutherland

Section 2 of 3 Finals

1	Will Hnatko	Solvay
2	Ray Tam	Mendon Girls
3	Adam Tenbrook	Arcadia
4	Shawn Rocklein	Eastridge
5	Lenzy Blake	Wilson Magne
6	Tim Spath	Hilton
7	Dustin Knuet	Schroeder
8	Jacob Honan	Arcadia

Section 3 of 3 Finals

1	Kevin Campbell	Irondequoit
2	Anthony Indovino	Irondequoit
3	Mike Giordano	Hilton
4	Mike Acchione	Solvay
5	Tyler Babeck	Eastridge
6	Andrew Chelowa	Spencerport
7	Ryan Bloom	Spencerport
8	Dan Moriarty	Schroeder

Event 20 Women 400 Meter Hurdles

Lane Name	School	Seed Time
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Section 1 of 3 Finals

2	Katherine Boy	East Rochest
3	Amanda Payment	Hilton
4	Nadine Lubojanski	East Rochest
5	Daniela Cissell	Olympia
6	Audrey Keene	Hilton

Section 2 of 3 Finals

3	Destinee Paynter	Wilson
4	Margot Marquardt	Mendon Girls
5	Doriean Broady	Wilson
6	Alie Perkins	Sutherland

Section 3 of 3 Finals

1	Maureen Jones	Irondequoit
2	Deirdre Carter	Sutherland
3	Michelle Barnum	Fairport
4	Paige Wray	Hilton
5	Lauren Paffendorf	Schroeder
6	Lindsay Rock	Schroeder
7	Nora Mitchell	Mendon Girls
8	Jessica Clark	Irondequoit

**2006 Runnin Cadet Classic - 5/12/2006
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Event 21 Men High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Okey Ownwudiwe	Eastridge	
2	Denzel Coley	Olympia	
3	Matt Sbarra	Schroeder	
4	Mark Vanden Bout	Schroeder	
5	Ryan Galletto	Schroeder	
6	Chris Postel	Wilson Magne	
7	Jerry Ntumba	Olympia	
8	Ryan Bockus	Hilton	
9	John Reyes	Olympia	
10	Scott Owen	Arcadia	
11	Steve Souzzi	Mendon Girls	
12	John Mossotti	Solvay	
13	Cal Palumbo	Hilton	
14	Nate Ben-Simon	Solvay	
15	Charles Jackson	Wilson Magne	
16	Jordan Addison	Irondequoit	
17	Victor Young	Solvay	
18	Eric Fontanez	Hilton	
19	Will Campbell	Mendon Girls	
20	Charles Jackson	Irondequoit	
21	Peter Bligh	Arcadia	
22	Dan Foley	Irondequoit	

Event 22 Women High Jump

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Giovanna Evangelista	East Rochest	
2	Chelsea Conway	Eastridge	
3	Marlena Leonardi	Sutherland	
4	Erin Wong	Sutherland	
5	Allison Haag	Irondequoit	
6	Liisa Leo	Eastridge	
7	Lindsey Abdo	East Rochest	
8	Alie Perkins	Sutherland	
9	Diamante Hill	Wilson	
10	Liz Looby	Mendon Girls	
11	Nicole Dunshie	Spencerport	
12	Sarah Rebholtz	Wilson	
13	Emily Kieliszak	Irondequoit	
14	Jenna Bauer	Spencerport	
15	Angela Ryck	Fairport	
16	Sandra Levermore	Fairport	
17	Taylor Eike	Irondequoit	
18	Paige Wray	Hilton	
19	Leah Kohler	Schroeder	
20	Laura Maloney	Eastridge	
21	Jen Pieper	Hilton	
22	Katie Lill	Schroeder	
23	Christina Ward	Hilton	

Event 23 Men Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Ian Perry	Irondequoit	
2	Colin Ellwanger	Schroeder	
3	Mike Bennett	Schroeder	
4	Caleb Dunham	Spencerport	
5	Will Spencer	Hilton	
6	Andrew Cassidy	Olympia	
7	Luke Homerin	Irondequoit	
8	Jarrod Glaser	Schroeder	
9	AJ Nunez	Solvay	
10	Matt Walters	Hilton	
11	Kurt Knoess	Olympia	
12	Ben Hessney	Mendon Girls	
13	Matt Hart	Mendon Girls	
14	Shawn Rocklein	Eastridge	

Event 24 Women Pole Vault

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Liisa Leo	Eastridge	
2	Hannah Schwabe	Schroeder	
3	Kayliegh Caswell	Schroeder	
4	Morgan Neal	Sutherland	
5	Audrianna Vahue	Olympia	
6	Allie Williams	Sutherland	
7	Missy Napoli	Sutherland	
8	Chelsea Berent	Irondequoit	
9	Amanda Candello	Irondequoit	

Event 25 Men Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	John Crumb	East Rochest	
2	Ben Woody	Arcadia	
3	Matt Sbarra	Schroeder	
4	Fredrick Odum	Wilson Magne	
5	AJ Machamer	Hilton	
6	David Beyerline	Arcadia	
7	James Cavallaro	East Rochest	
8	James Hainsworth	Sutherland	
9	Daren Franklin	Arcadia	
10	Justin Kemp	Eastridge	
11	Dan Kestler	Schroeder	
Flight 2 of 3 Finals			
1	Tim Dillon	Mendon Girls	
2	Marcus Finney	Mendon Girls	
3	Lanz Lopez	Sutherland	
4	Jarrod Stevens	Mendon Girls	
5	Dan Moriarty	Schroeder	
6	Songtha Cosby	Solvay	
7	Mike Rinere	Olympia	
8	Charles Jackson	Wilson Magne	
9	Rz Lampley	Olympia	
10	Nate Ben-Simon	Solvay	

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Flight 3 of 3 Finals...(Event 25 Men Long Jump)

1	John Mossotti	Solvay
2	Chris Lopez	Sutherland
3	Eric Fontanez	Hilton
4	Cory Humphries	Irondequoit
5	Ben Wallace	Hilton
6	Nwana Okafor	Irondequoit
7	Chandler Brown	Eastridge
8	Wenley Louis	Irondequoit
9	Devon Brown	Olympia
10	Robert James	Eastridge

Event 26 Women Long Jump

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Tara Murphy	Wilson	
2	Asia Henry	Olympia	
3	Victoria Foos	Spencerport	
4	Stephanie Wendt	East Rochest	
5	Katie Lautner	Hilton	
6	Lindsey Abdo	East Rochest	
7	Alie Perkins	Sutherland	
8	Sarah Skelly	Spencerport	
9	Laura Bartos	Sutherland	
10	Lorye Manns	Arcadia	
11	Emily Kieliszak	Irondequoit	
12	Dania Holder	Mendon Girls	
13	Nyiesha Washington	Eastridge	

Flight 2 of 2 Finals

1	Sarah Studwell	Sutherland
2	Ammare Stevens	Mendon Girls
3	Paige Vandermark	Fairport
4	Laura Maloney	Eastridge
5	Tahrea Flemming	Eastridge
6	Megan Supple	Irondequoit
7	Ashley Sukhavong	Wilson
8	Christina Ward	Hilton
9	Katie Ferris	Fairport
10	Jen Pieper	Hilton
11	Tenisha Jones	Wilson
12	Vicki Liwush	Schroeder

Event 27 Men Triple Jump

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Luke Haffen	Arcadia	
2	Jordan Dean	Olympia	
3	AJ Machamer	Hilton	
4	Matt Kim	Sutherland	
5	Justin Knorr	Hilton	
6	Jeff Palumbo	Arcadia	
7	Mike Giordano	Hilton	
8	Matt Sbarra	Schroeder	
9	Lenzy Blake	Wilson Magne	
10	Mike Rinere	Olympia	
11	Chris Lopez	Sutherland	
12	Ray Tam	Mendon Girls	

Flight 2 of 2 Finals

1	Tyler Babeck	Eastridge
2	Mike Acchione	Solvay
3	Mark Vanden Bout	Schroeder
4	Mike Grobsmith	Solvay
5	Will Campbell	Mendon Girls
6	Chandler Brown	Eastridge
7	Elvis Njoku	Irondequoit
8	Nate Ben-Simon	Solvay
9	Chris Postel	Wilson Magne
10	Robert James	Eastridge

Event 28 Women Triple Jump

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Dania Holder	Mendon Girls	
2	Stephanie Wendt	East Rochest	
3	Amanda Bradstreet	East Rochest	
4	Shea Flanagan	Sutherland	
5	Sarah Rebholtz	Wilson	
6	Robin Kastner	Eastridge	
7	Victoria Foos	Spencerport	
8	Carolyn Keenan	Spencerport	
9	Sarah Studwell	Sutherland	
10	Ammare Stevens	Mendon Girls	
11	Emily Kieliszak	Irondequoit	
Flight 2 of 2 Finals			
1	Jenn Spitzer	Fairport	
2	Sandra Levermore	Fairport	
3	Alanna Stecura	Eastridge	
4	Megan Supple	Irondequoit	
5	Paige Vandermark	Fairport	
6	Ashley Sukhavong	Wilson	
7	Leah Kohler	Schroeder	
8	Christina Ward	Hilton	
9	Vicki Liwush	Schroeder	
10	Tenisha Jones	Wilson	
11	Jen Pieper	Hilton	
12	Paige Wray	Hilton	

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Event 29 Men Shot Put

Pos	Name	School	Seed	Mark
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Flight 1 of 2 Finals

1	Ernest Daniels	Wilson Magne		
2	Jeremy Hanks	Olympia		
3	Phil Boyar	Mendon Girls		
4	Steve LiButti	Arcadia		
5	Jaquan Cowan	Olympia		
6	Brendan Wallace	Sutherland		
7	Eric Slater	Arcadia		
8	Nick Fillion	Hilton		
9	Justin McCarthy	East Rochest		
10	Calvin Stokes	Wilson Magne		
11	Phil Alvaro	Mendon Girls		
12	Ben Pucello	Solvay		
13	Matt Casciani	Irondequoit		

Flight 2 of 2 Finals

1	Jordan Walker	Olympia		
2	Andrew Johnson	Sutherland		
3	Andrew Makasziw	Hilton		
4	Teddy Carlson	Irondequoit		
5	Donnell Jackson	Spencerport		
6	Joe Trimaldi	Eastridge		
7	David Cosgrave	Solvay		
8	Jon Sydor	Schroeder		
9	Doug Otto	Sutherland		
10	Jason Conners	Solvay		
11	Nick Monroe	Irondequoit		
12	Dan Withrow	Hilton		
13	Andrew Sorrento	Schroeder		
14	Okey Ownwudiwe	Eastridge		
15	Tom VanEpps	Eastridge		
16	Chad Collier	Wilson Magne		

Event 30 Women Shot Put

Pos	Name	School	Seed	Mark
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Flight 1 of 2 Finals

1	Elizabeth Ognenovski	Sutherland		
2	Maya English	Wilson		
3	Adrian Worthy	Olympia		
4	Emmese Daniels	Mendon Girls		
5	Alisha Sturgis	Wilson		
6	Julie Williams	Mendon Girls		
7	Ammare Stevens	Mendon Girls		
8	Monique Bryant-Brown	Sutherland		
9	Kristin Flann	Arcadia		
10	KayLee Brockman	East Rochest		
11	Julisa McCullough	Wilson		
12	Kristin Bentivegna	Arcadia		
13	Abaneh Ebanguese	Sutherland		
14	Cassie Bowen	Schroeder		
15	Brittany Crocetti	Irondequoit		
16	Mercedes Jones	Eastridge		

Flight 2 of 2 Finals

1	Sam Ramos	Hilton		
2	Shirelle Kinder	Irondequoit		
3	Savoya Spirro	Arcadia		
4	Ashley Green	Spencerport		
5	Carly Scheurmann	East Rochest		
6	Caitlin Titus	Eastridge		
7	Keri Galatio	Hilton		
8	Kayla Summerville	Fairport		
9	Juleen Matthews	Fairport		
10	Robin Kastner	Eastridge		
11	Adrienne Olsen	Irondequoit		
12	Maura McGuire	Spencerport		
13	Kayleigh Comfort	Schroeder		
14	Kat McEhearn	Fairport		
15	Nicole Griffiths	Hilton		

Event 31 Men Discus Throw

Pos	Name	School	Seed	Mark
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Flight 1 of 2 Finals

1	Shay Parrotta	East Rochest		
2	Ian Lewandowski	Olympia		
3	Jeremy Hanks	Olympia		
4	Nick Fillion	Hilton		
5	Stephen Albrecht	Schroeder		
6	Calvin Stokes	Wilson Magne		
7	Phil Alvaro	Mendon Girls		
8	Jordan Walker	Olympia		
9	Russel Eliiot	Wilson Magne		
10	Joe Trimaldi	Eastridge		
11	Phil Boyar	Mendon Girls		
12	Steve LiButti	Arcadia		
13	Adam Wallenhorst	Hilton		
14	David Cosgrave	Solvay		
15	Justin McCarthy	East Rochest		

Flight 2 of 2 Finals

1	Aaron Nobles	Irondequoit		
2	Mike Hanss	Irondequoit		
3	Teddy Carlson	Irondequoit		
4	Nate Ben-Simon	Solvay		
5	Chad Collier	Wilson Magne		
6	Andrew Makasziw	Hilton		
7	Brendan Wallace	Sutherland		
8	Doug Otto	Sutherland		
9	Andrew Johnson	Sutherland		
10	Jon Sydor	Schroeder		
11	Ben Pucello	Solvay		
12	Okey Ownwudiwe	Eastridge		
13	Andrew Sorrento	Schroeder		
14	Tom VanEpps	Eastridge		

**2006 Runnin Cadet Classic - 5/12/2006
Meet Program**

Event 32 Women Discus Throw

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Monique Bryant-Brown	Sutherland	
2	Ashley Green	Spencerport	
3	Fransesca D'Angelo	Hilton	
4	Kristen Maynard	Sutherland	
5	Ammare Stevens	Mendon Girls	
6	Maya English	Wilson	
7	Sam Ramos	Hilton	
8	Stephanie Mills	Eastridge	
9	Carly Scheurmann	East Rochest	
10	Alisha Sturgis	Wilson	
11	Kristin Flann	Arcadia	
12	Maura McGuire	Spencerport	
13	Brittany Crocetti	Irondequoit	
14	Juleen Matthews	Fairport	

Flight 2 of 2 Finals

1	Julie Williams	Mendon Girls	
2	Caitlin Titus	Eastridge	
3	Adrienne Olsen	Irondequoit	
4	Abaneh Ebanguese	Sutherland	
5	KayLee Brockman	East Rochest	
6	Kristin Bentivegna	Arcadia	
7	Robin Kastner	Eastridge	
8	Shirelle Kinder	Irondequoit	
9	Kayla Summerville	Fairport	
10	Charnel Council	Wilson	
11	Savoya Spirro	Arcadia	
12	Nicole Griffiths	Hilton	
13	Kat McEhearn	Fairport	

Event 37 Men 4x100 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Hilton	A
4	Olympia	A
5	Sutherland	A
6	East Rochest	A

Section 2 of 2 Finals

2	Schroeder	A
3	Eastridge	A
4	Irondequoit	A
5	Solvay	A
6	Wilson Magne	A

Event 38 Women 4x100 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 2 Finals

4	East Rochest	A
5	Arcadia	A

Section 2 of 2 Finals

1	Wilson	A
2	Irondequoit	A
3	Hilton	A
4	Mendon Girls	A
5	Sutherland	A
6	Fairport	A
7	Eastridge	A

Event 39 Men 4x400 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Hilton	A
2	Wilson Magne	A
3	Solvay	A
4	Mendon Girls	A
5	Eastridge	A
6	Spencerport	A
7	Irondequoit	A
8	Arcadia	A

Event 40 Women 4x400 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 1 Finals

1	East Rochest	A
2	Sutherland	A
3	Wilson	A
4	Fairport	A
5	Hilton	A
6	Mendon Girls	A
7	Irondequoit	A
8	Arcadia	A

Event 41 Men 4x800 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Hilton	A
2	Sutherland	A
3	Solvay	A
4	Mendon Girls	A
5	Spencerport	A
6	East Rochest	A
7	Eastridge	A
8	Schroeder	A

Event 42 Women 4x800 Meter Relay

Lane Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Hilton	A
2	Schroeder	A
3	Fairport	A
4	Mendon Girls	A
5	Sutherland	A
6	Irondequoit	A
7	Spencerport	A
8	Wilson	A
9	Arcadia	A