

2012 NJCAA Division III Outdoor Championships - 5/3/2012 to 5/5/2012

Alfred State College

Results

Women 100 Meter Dash

Meet Record: 12.20 # 2007

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bien-Aime	FR	Roxbury CC	12.37q
2 Jazmin Calep	SO	Harper Colle	12.74q
3 Coneisha Smith	FR	Prince Georg	12.86q
4 Turquoia Johnson	SO	Montgomery C	12.98q
5 Tyshey Carmicheal	SO	Roxbury CC	13.23q
6 Bosede Daramola	FR	Kingsborough	13.33q
7 Charnay Ryland	SO	Montgomery C	13.37q
8 Nyasia Irby	FR	Queensboroug	13.55q
9 Sonia Smith	FR	Prince Georg	13.58
10 Nieema Lewis	FR	Delhi	13.67
11 Dominique Mitchell	FR	Suffolk CC	13.68
12 Kapria Redparth	FR	Montgomery C	13.68
13 Leigha Tilton	FR	Finger Lakes	13.69
14 Madison Hoover	FR	Howard CC	13.91
15 Haleigh Simon	FR	Middlesex CC	14.00
16 Amanda Gibson	SO	Prince Georg	14.34

Women 200 Meter Dash

Meet Record: 24.82 # 2001

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bien-Aime	FR	Roxbury CC	25.12q
2 Coneisha Smith	FR	Prince Georg	25.36q
3 Briana Dorsey	SO	Alfred State	26.28q
4 Jazmin Calep	SO	Harper Colle	26.33q
5 Turquoia Johnson	SO	Montgomery C	26.59q
6 Tyshey Carmicheal	SO	Roxbury CC	26.68q
7 Charnay Ryland	SO	Montgomery C	27.07q
8 Giulia Chessa	FR	Fashion Inst	27.11q
9 Shykiera Heyward	FR	Mohawk Valle	27.15
10 Bosede Daramola	FR	Kingsborough	27.32
11 Kapria Redparth	FR	Montgomery C	27.61
12 Dominique Mitchell	FR	Suffolk CC	27.71
13 Sonia Smith	FR	Prince Georg	27.91
14 Beatriz Kiene	FR	Harper Colle	28.16
15 Amanda Gibson	SO	Prince Georg	29.00

Women 400 Meter Dash

Meet Record: 57.54 # 2001

Name	Yr	School	Prelims
Preliminaries			
1 Emani Coleman-Combs	FR	Middlesex CC	58.71q
2 Coneisha Smith	FR	Prince Georg	59.14q
3 Tara Murphy	SO	Alfred State	1:00.23q
4 Giulia Chessa	FR	Fashion Inst	1:01.12q
5 Iyana Morris	FR	Nassau CC	1:02.71q
6 Nyasia Irby	FR	Queensboroug	1:02.91q
7 Kapria Redparth	FR	Montgomery C	1:03.96q

8 Nieemah Powers	FR	Gloucester C	1:04.83q
9 Sonia Smith	FR	Prince Georg	1:05.42
10 Tonika Bacchus	FR	Queensboroug	1:06.87
11 Amanda Gibson	SO	Prince Georg	1:07.09
12 Cora Moyer	FR	Fashion Inst	1:10.87
13 Lauren Gowdie	SO	Fashion Inst	1:18.75

Women 800 Meter Run

Meet Record: 2:18.57 # 2009

Name	Yr	School	Prelims
Preliminaries			
1 Ashley Armand	SO	Bronx CC	# 2:18.36Q
2 Kristin Callaghan	SO	Delhi	2:27.39Q
3 Emani Coleman-Combs	FR	Middlesex CC	2:24.93Q
4 Stephanie Peck	FR	Mohawk Valle	2:28.05Q
5 Jessica Josema	SO	Suffolk CC	2:26.46q
6 Jesse Jacob	FR	Delhi	2:30.55q
7 Sara Rifendifer	FR	Mohawk Valle	2:33.00q
8 Samantha Lawson	SO	Herkimer Cou	2:34.09q
9 Donisha Butler	FR	Prince Georg	2:41.58
10 Amanda Murolo	FR	Queensboroug	2:43.94
11 Alyssa Corbett	SO	Sullivan Cou	2:49.47
12 Gina Scales	SO	Queensboroug	2:51.15

Women 5000 Meter Run

Meet Record: 18:48.78 # 2007

Name	Yr	School	Finals
Finals			
1 Savannah Boucher	FR	Mohawk Valle	18:12.81# 10
2 Mary Rzegocki	SO	Howard CC	19:39.30 8
3 Rejeena Whittington	SO	Gloucester C	19:47.28 6
4 Elizabeth McGough	FR	Herkimer Cou	20:30.08 5
5 Meghan Visser	SO	Delhi	20:32.89 4
6 Stephanie Peck	FR	Mohawk Valle	21:08.92 3
7 Heather Vroman	FR	Mohawk Valle	21:21.70 2
8 Fatima Resendiz-Zavala	FR	Montgomery C	21:46.39 1
9 Courtney Warfle	FR	Delhi	22:30.71
10 Mary Galway	FR	Herkimer Cou	22:33.39
11 Weronika Bartnik	FR	Middlesex CC	24:28.04

Women 10000 Meter Run

Meet Record: 39:10.34 # 2008

Name	Yr	School	Finals
Finals			
1 Savannah Boucher	FR	Mohawk Valle	43:53.57 10
2 Rejeena Whittington	SO	Gloucester C	45:48.52 8
3 Heather Vroman	FR	Mohawk Valle	48:53.18 6
4 Elizabeth McGough	FR	Herkimer Cou	49:52.01 5
5 Courtney Warfle	FR	Delhi	50:59.01 4
6 Weronika Bartnik	FR	Middlesex CC	54:46.69 3
7 Mary Galway	FR	Herkimer Cou	56:54.78 2
8 Kayleigh Corbett	FR	Mohawk Valle	1:01:14.18 1
9 Alyssa Petrella	FR	Herkimer Cou	1:04:43.42

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Results

Women 100 Meter Hurdles

Meet Record: 14.74 # 1999

Name	Yr	School	Prelims
Preliminaries			
1 Shykiera Heyward	FR	Mohawk Valle	15.21q
2 Addishia Dixon	FR	Kingsborough	16.73q
3 MaryEllen Dankenbrink	SO	Suffolk CC	16.85q
4 Megan Votava	SO	Alfred State	17.24q
5 Leigha Tilton	FR	Finger Lakes	17.34q
6 Shaneen Datts	FR	Gloucester C	17.56q
7 Sarah Grochowski	FR	Fashion Inst	17.56q
8 Mary Lenhart	FR	Herkimer Cou	18.25q
9 Robin Williamson	FR	Prince Georg	18.32
10 Jacky Mouapo	FR	Montgomery C	18.41
11 Christina Lees	SO	Gloucester C	19.09
12 Chanel Wall	FR	Gloucester C	20.34
--- Erin Lane	SO	Sullivan Cou	DQ

Women 400 Meter Hurdles

Meet Record: 1:02.85 # 1999

Name	Yr	School	Prelims
Preliminaries			
1 Tiyi Boone	FR	Delhi	1:07.76q
2 MaryEllen Dankenbrink	SO	Suffolk CC	1:08.73q
3 Addishia Dixon	FR	Kingsborough	1:10.11q
4 Jانيا Bagley	SO	Prince Georg	1:11.52q
5 Amanda Knox	FR	Herkimer Cou	1:12.67q
6 Tonika Bacchus	FR	Queensboroug	1:13.40q
7 Corrie Mulligan	FR	Alfred State	1:14.43q
8 Robin Williamson	FR	Prince Georg	1:14.89q
9 Shaneen Datts	FR	Gloucester C	1:15.77
10 Erin Lane	SO	Sullivan Cou	1:17.23
11 Claire Holleran	FR	Alfred State	1:18.96
--- Alexandra Belizaire	FR	Middlesex CC	DNF

Women 4x100 Meter Relay

Meet Record: 49.45 # 2002

Team	Relay	Prelims
Preliminaries		
1 Montgomery College		49.93q
2 Prince George's CC		50.67q
3 Delhi		50.89q
4 Suffolk CC		51.27q
5 Alfred State		51.76q
6 Harper College		51.90q
7 Middlesex CC		52.01q
8 Gloucester County		52.78q
9 Fashion Inst		52.82
10 Herkimer County CC		53.60
11 Finger Lakes CC		53.77
12 Queensborough CC		53.83

Women 4x400 Meter Relay

Meet Record: 4:03.43 # 5/7/2011 Kingsborough CC

B Daramola, S Morgan, C Jackson, D Nelson

Team	Relay	Prelims
Preliminaries		
1 Prince George's CC		4:14.32Q
2 Montgomery College		4:17.17Q
3 Alfred State		4:22.40Q
4 Delhi		4:24.41Q
5 Middlesex CC		4:23.49q
6 Queensborough CC		4:25.66q
7 Mohawk Valley CC		4:28.76q
8 Suffolk CC		4:33.48q
9 Herkimer County CC		4:33.72
10 Harper College		4:45.51

Women 4x800 Meter Relay

1 turn - 2 boxes

Meet Record: 9:35.54 # 2002

Team	Relay	Finals
Finals		
1 Mohawk Valley CC		10:03.27 10
2 Delhi		10:10.61 8
3 Prince George's CC		10:56.25 6
4 Alfred State		10:56.26 5
5 Herkimer County CC		11:00.40 4
6 Gloucester County		11:04.34 3
7 Queensborough CC		11:07.81 2
8 Middlesex CC		11:12.53 1
9 Suffolk CC		11:37.63

Women Pole Vault

start - 1.60

Meet Record: 3.18m # 5/6/2011 Christina Lees

Name	Yr	School	Finals
Finals			
1 Christina Lees	SO	Gloucester C	3.20m# 10
2 Andrea Sonnacchio	SO	Delhi	2.65m 8
3 Stephanie Lees	SO	Gloucester C	J2.65m 6
4 Sarah Grochowski	FR	Fashion Inst	2.50m 5
5 Megan Votava	SO	Alfred State	J2.50m 4
6 Meghann Miskell	FR	Alfred State	2.35m 3
7 Danielle Riesel	FR	Herkimer Cou	J2.35m 2
8 Carlin Chruscicki	FR	Mohawk Valle	2.20m 1
9 Maize Zamlowski	SO	Mohawk Valle	2.05m

Women Long Jump

Top 9 to Final

Meet Record: 5.80m # 2003

Name	Yr	School	Finals
Finals			
1 Tiyi Boone	FR	Delhi	5.74m 10
2 Dominique Mitchell	FR	Suffolk CC	5.26m 8
3 Andrea Sonnacchio	SO	Delhi	5.21m 6

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Finals ... (Women Long Jump)

Name	Yr	School	Finals
4 Charnay Ryland	SO	Montgomery C	5.11m 5
5 Casey Buie	SO	Fashion Inst	5.08m 4
6 Shea McKee	SO	Alfred State	5.06m 3
7 Beatriz Kiene	FR	Harper Colle	5.04m 2
8 Chanel Wall	FR	Gloucester C	5.02m 1
9 Jacquelynn Guglielmo	FR	Fashion Inst	4.90m
10 Shaneen Datts	FR	Gloucester C	4.65m
11 Madison Hoover	FR	Howard CC	4.64m
12 Chantel Gary	SO	Prince Georg	4.62m
13 Turquoia Johnson	SO	Montgomery C	4.61m
14 Julie Brooks	FR	Finger Lakes	4.42m
15 Jessica Kaiser	SO	Finger Lakes	4.30m

Women Triple Jump

Top 9 to Final

Meet Record: 11.78m # 2003

Name	Yr	School	Finals
1 Tiyi Boone	FR	Delhi	11.43m 10
2 Charnay Ryland	SO	Montgomery C	11.05m 8
3 Myla Allen	SO	Delhi	10.84m 6
4 Chanel Wall	FR	Gloucester C	10.51m 5
5 Jacquelynn Guglielmo	FR	Fashion Inst	10.50m 4
6 Chantel Gary	SO	Prince Georg	10.47m 3
7 Jonice Baptiste	FR	Nassau CC	10.43m 2
8 Julie Brooks	FR	Finger Lakes	10.01m 1
9 Casey Buie	SO	Fashion Inst	9.88m
10 Nieema Lewis	FR	Delhi	9.62m
11 Holli Pierce	SO	Alfred State	9.61m
12 Shaneen Datts	FR	Gloucester C	9.52m
13 Kayla Franchina	FR	Alfred State	9.49m
14 Cora Moyer	FR	Fashion Inst	8.86m

Women Discus Throw

Top 9 to Final

Meet Record: 42.09m # 2003

Name	Yr	School	Finals
1 Asja Mayo	FR	Suffolk CC	33.45m 10
2 Brittany Walls	FR	Harper Colle	30.75m 8
3 Michele Relation	FR	Gloucester C	30.70m 6
4 Michelle Cuomo	SO	Herkimer Cou	30.26m 5
5 Chelsea Holland	FR	Gloucester C	28.75m 4
6 Tehnyat Khan	SO	Sullivan Cou	28.54m 3
7 Megan Votava	SO	Alfred State	28.27m 2
8 Erica Ogunleye	SO	Harper Colle	28.25m 1
9 Jessica Garry	FR	Howard CC	27.81m
10 Jenna Hoefler	SO	Mohawk Valle	27.21m
11 Mary Galway	FR	Herkimer Cou	25.34m
12 Jen DeNovio	FR	Alfred State	25.24m
13 Danielle Darby	SO	Sullivan Cou	25.17m
14 Smantha Appleby	FR	Montgomery C	25.00m
15 Vanessa Ashun	FR	Kingsborough	20.58m

Women Hammer Throw

Top 9 to Final

Meet Record: 51.72m # 2005

Name	Yr	School	Finals
1 Jenna Hoefler	SO	Mohawk Valle	37.29m 10
2 Erica Ogunleye	SO	Harper Colle	36.56m 8
3 Michele Relation	FR	Gloucester C	35.99m 6
4 Carlin Chruscicki	FR	Mohawk Valle	33.23m 5
5 Chelsea Holland	FR	Gloucester C	32.58m 4
6 Tehnyat Khan	SO	Sullivan Cou	32.49m 3
7 Vanessa Ashun	FR	Kingsborough	32.17m 2
8 Brittany Walls	FR	Harper Colle	30.65m 1
9 Brittany Latham	SO	Herkimer Cou	30.16m
10 Samantha Greenlaw	FR	Gloucester C	25.07m

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
1 Samantha Lawson	SO	Herkimer Cou	29.16 542
2 Kayla Franchina	FR	Alfred State	29.25 536
3 Jackie Bakken	SO	Mohawk Valle	29.39 526
4 Mary Lenhart	FR	Herkimer Cou	31.30 395
5 Brittany Olcott	FR	Mohawk Valle	36.12 142

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
1 Samantha Lawson	SO	Herkimer Cou	2:31.52 674
2 Kayla Franchina	FR	Alfred State	2:40.57 566
3 Jackie Bakken	SO	Mohawk Valle	2:41.40 557
4 Mary Lenhart	FR	Herkimer Cou	3:04.84 322
5 Brittany Olcott	FR	Mohawk Valle	3:30.64 133

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
1 Mary Lenhart	FR	Herkimer Cou	18.92 398
2 Kayla Franchina	FR	Alfred State	19.68 329
3 Jackie Bakken	SO	Mohawk Valle	19.94 307
4 Samantha Lawson	SO	Herkimer Cou	20.81 239
--- Brittany Olcott	FR	Mohawk Valle	DNF

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
1 Jackie Bakken	SO	Mohawk Valle	1.37m 481
2 Samantha Lawson	SO	Herkimer Cou	1.25m 359
2 Kayla Franchina	FR	Alfred State	1.25m 359
2 Mary Lenhart	FR	Herkimer Cou	1.25m 359
5 Brittany Olcott	FR	Mohawk Valle	0.98m 126

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
1 Samantha Lawson	SO	Herkimer Cou	4.45m 416

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Finals ... (Heptathlon: #5 Women Long Jump Heptathlon)

Name	Yr	School	Finals	
2 Kayla Franchina	FR	Alfred State	4.44m	413
3 Jackie Bakken	SO	Mohawk Valle	4.15m	343
4 Mary Lenhart	FR	Herkimer Cou	3.80m	263
5 Brittany Olcott	FR	Mohawk Valle	2.92m	94

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	
1 Mary Lenhart	FR	Herkimer Cou	10.82m	583
2 Jackie Bakken	SO	Mohawk Valle	7.61m	374
3 Kayla Franchina	FR	Alfred State	6.82m	324
4 Samantha Lawson	SO	Herkimer Cou	6.72m	317
5 Brittany Olcott	FR	Mohawk Valle	5.06m	212

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals	
1 Jackie Bakken	SO	Mohawk Valle	28.59m	450
2 Mary Lenhart	FR	Herkimer Cou	25.59m	393
3 Kayla Franchina	FR	Alfred State	15.91m	213
4 Samantha Lawson	SO	Herkimer Cou	14.20m	182
5 Brittany Olcott	FR	Mohawk Valle	10.01m	106

Women Heptathlon

Meet Record: 4082 # 2003

Name	Yr	School	Finals	
1 Jackie Bakken	SO	Mohawk Valle	3038	10
2 Kayla Franchina	FR	Alfred State	2740	8
3 Samantha Lawson	SO	Herkimer Cou	2729	6
4 Mary Lenhart	FR	Herkimer Cou	2713	5
5 Brittany Olcott	FR	Mohawk Valle	813	4

Men 100 Meter Dash

Meet Record: 10.50 # 1998

Name	Yr	School	Prelims	
1 Neiman Thompson	FR	Montgomery C	11.04q	
2 Anthony Cox	FR	CC Rhode Isl	11.09q	
3 Shawn Charles	FR	Alfred State	11.13q	
4 Joshua Blango	FR	Sullivan Cou	11.15q	
5 Lehkem Rose	SO	Kingsborough	11.18q	
6 Randolph Patrice	SO	Howard CC	11.24q	
7 Awwal Kassim	FR	Queensboroug	11.33q	
8 Shawn Lawson	FR	Roxbury CC	11.38q	
9 Fraynni Tineo	FR	Thaddeus Ste	11.41	
10 Trashawn Brown	FR	Harper Colle	11.42	
11 Carlton Knighton	FR	Mohawk Valle	11.44	
12 Jason Bishop	FR	Howard CC	11.45	
13 Weslan Eugene	SO	Kingsborough	11.46	
14 Kaydon Tannis	SO	Queensboroug	11.55	
15 Samuel Beckwith	SO	Finger Lakes	11.60	
16 Terry Halloran	FR	Harper Colle	11.64	

17 Dante Seraile	SO	Montgomery C	11.67
18 Joshua Enriquez	FR	Bergen CC	11.69
19 Anthony Reynolds	SO	Suffolk CC	11.69
20 Patrick Coleman	SO	Suffolk CC	11.87
21 Justin Brown	FR	Thaddeus Ste	12.11

Men 200 Meter Dash

Meet Record: 21.20 # 2005

Name	Yr	School	Prelims
1 Calder Walker	FR	Howard CC	22.13q
2 Neiman Thompson	FR	Montgomery C	22.33q
3 Andre Barnes	FR	Harper Colle	22.50q
4 Momodou Sawaneh	SO	Queensboroug	22.53q
5 Raymond Austin	FR	Suffolk CC	22.61q
6 Anthony Cox	FR	CC Rhode Isl	22.72q
7 Carlton Knighton	FR	Mohawk Valle	22.80q
8 Rohan Stewart	SO	Kingsborough	22.84q
9 Randolph Patrice	SO	Howard CC	22.86
10 Rawle Crawford	SO	Alfred State	22.91
11 Shawn Lawson	FR	Roxbury CC	22.99
12 Weber Lorde	FR	Suffolk CC	23.01
13 Trashawn Brown	FR	Harper Colle	23.02
14 Blake Evans	FR	Suffolk CC	23.02
15 Kaydon Tannis	SO	Queensboroug	23.05
16 Sharonn Talley	FR	Gloucester C	23.07
17 Fraynni Tineo	FR	Thaddeus Ste	23.08
18 Steve Schalla	SO	Harper Colle	23.24
19 Michael Henry	FR	Middlesex CC	23.27
20 Charles Watts	FR	Montgomery C	23.52
21 Weslan Eugene	SO	Kingsborough	23.82
--- Justin Brown	FR	Thaddeus Ste	DNF

Men 400 Meter Dash

Meet Record: 47.42 # 2005

Name	Yr	School	Prelims
1 Andre Barnes	FR	Harper Colle	48.70q
2 Calder Walker	FR	Howard CC	48.78q
3 Momodou Sawaneh	SO	Queensboroug	49.12q
4 Brandon Woodley	FR	Howard CC	49.13q
5 Neiman Thompson	FR	Montgomery C	49.25q
6 Sharonn Talley	FR	Gloucester C	49.67q
7 Raouf Osman	SO	Montgomery C	49.83q
8 Rohan Stewart	SO	Kingsborough	50.00q
9 Corey Hartz	FR	Harper Colle	50.19
10 Michael Henry	FR	Middlesex CC	50.43
11 Rene Osman	SO	Montgomery C	50.58
12 Fritz-Michael Parkinson	FR	Queensboroug	50.92
13 Raymond Austin	FR	Suffolk CC	50.94
14 Ruben Pierre-Louis	SO	Kingsborough	51.01
15 Andrew Gregg	SO	Herkimer Cou	51.37
16 Anthony Shuler	SO	Finger Lakes	51.57
17 Carlton Brown	FR	Gloucester C	51.82

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Preliminaries ... (Men 400 Meter Dash)

Name	Yr	School	Prelims
18 Levandus Gacutan	FR	Gloucester C	52.75
19 Gerald King	FR	Sullivan Cou	53.04
--- Gary Castelli	FR	Delhi	DNF

Men 800 Meter Run

Meet Record: 1:50.46 # 1999

Name	Yr	School	Prelims
Preliminaries			
1 Troy Cunningham	FR	Harper Colle	1:55.67Q
2 Dylan Lowry	SO	Delhi	1:56.57Q
3 Brandon Woodley	FR	Howard CC	1:57.12Q
4 Younes Benzaid	FR	Queensboroug	1:56.55Q
5 Matthew Agard	SO	Kingsborough	1:57.41Q
6 Nathan Cyrille	FR	Queensboroug	1:58.00Q
7 Doug Mondrick	SO	Mohawk Valle	1:57.88q
8 Kerone White	FR	Kingsborough	1:58.50q
9 Ohure Sam	SO	Delhi	1:58.64
10 Raouf Osman	SO	Montgomery C	1:58.68
11 Sunil Kates	FR	Roxbury CC	1:59.51
12 Rene Osman	SO	Montgomery C	2:00.11
13 Joel Vollenweider	SO	Finger Lakes	2:00.39
14 Andrew Russo	FR	Montgomery C	2:00.70
15 Tyler Lehman	FR	Alfred State	2:01.59
16 Zach Gates	FR	Harper Colle	2:01.70
17 Erik Hudson	FR	Gloucester C	2:02.44
18 Ian Kowalchuk	SO	Delhi	2:02.74
19 Carlton Brown	FR	Gloucester C	2:03.75
20 Richard Hall	FR	Thaddeus Ste	2:06.14
21 Garrison Koehler	FR	Alfred State	2:06.73
22 Joe Johnson	SO	Mohawk Valle	2:06.98
--- Paul Jemagin	FR	Prince Georg	DNF

Men 1500 Meter Run

Meet Record: 3:58.70 # 2004

Name	Yr	School	Prelims
Preliminaries			
1 Robert Allen	FR	CC Rhode Isl	4:01.57Q
2 Filagot Dinku	FR	Howard CC	4:14.66Q
3 Erik Hudson	FR	Gloucester C	4:17.27Q
4 Kerone White	FR	Kingsborough	4:22.39Q
5 Younes Benzaid	FR	Queensboroug	4:17.36Q
6 Chris Spudic	SO	Harper Colle	4:22.76Q
7 Matthew Agard	SO	Kingsborough	4:17.53Q
8 Andrew Parlette	FR	Howard CC	4:25.60Q
9 Joelsen Resimo	FR	Delhi	4:18.00q
10 Brendan MacNeal	SO	Thaddeus Ste	4:20.26q
11 Richard Hall	FR	Thaddeus Ste	4:24.26q
12 Juan Cortez	SO	Montgomery C	4:29.74q
13 Jordon Hoffman	SO	Mohawk Valle	4:43.00
14 Matt Gill	SO	Sullivan Cou	4:43.50
15 Doug Mondrick	SO	Mohawk Valle	5:25.36

Men 10000 Meter Run

Meet Record: 32:12.32 # 2008

Name	Yr	School	Finals
Finals			
1 Pablo Ramirez	SO	Harper Colle	34:33.76 10
2 Filagot Dinku	FR	Howard CC	35:17.05 8
3 Ryan Wojdyla	SO	Harper Colle	35:23.62 6
4 Steve Heer	SO	Harper Colle	36:06.26 5
5 Alex Florio	FR	Delhi	38:15.21 4
6 Jeff Bash	SO	Gloucester C	38:18.85 3
7 Rafael Fernandez	FR	Howard CC	38:54.46 2
8 Steve Galvao	FR	Suffolk CC	39:49.01 1
9 Alexander Delgado	FR	Bergen CC	40:03.37
10 Harold Daley	FR	Montgomery C	40:58.36
11 Juan Cortez	SO	Montgomery C	42:09.07
12 Josh Myers	FR	Delhi	44:07.55

Men 110 Meter Hurdles

Meet Record: 14.44 # 2002

Name	Yr	School	Prelims
Preliminaries			
1 Joshua Blango	FR	Sullivan Cou	15.23q
2 Robert Douglas	SO	Harper Colle	15.43q
3 Eric Bishop	FR	Howard CC	15.60q
4 Ben Raiber	SO	Harper Colle	15.95q
5 Gabriel Frias	FR	Northern Ess	16.11q
6 Andre Adkins	SO	Delhi	16.33q
7 Andrew Gregg	SO	Herkimer Cou	16.36q
8 Anthony Giorgi	FR	Northern Ess	16.36q
9 David Johnson	FR	Queensboroug	16.52
10 Jacob Schenk	FR	Finger Lakes	17.39
11 Erik Quesada	FR	Bergen CC	17.69

Men 400 Meter Hurdles

Meet Record: 51.85 # 2002

Name	Yr	School	Prelims
Preliminaries			
1 Brian Majestic	FR	Delhi	56.56q
2 Andrew Gregg	SO	Herkimer Cou	56.94q
3 Levandus Gacutan	FR	Gloucester C	56.97q
4 Robert Douglas	SO	Harper Colle	57.12q
5 David Johnson	FR	Queensboroug	57.28q
6 Moravia Mascary	FR	Roxbury CC	57.32q
7 Joshua Blango	FR	Sullivan Cou	57.90q
8 Erik Quesada	FR	Bergen CC	57.91q
9 Marcquis Johnson-Brough	SO	Alfred State	58.29
10 Gabriel Frias	FR	Northern Ess	58.66
11 Anthony Giorgi	FR	Northern Ess	58.88
12 Conner Whitman	FR	Thaddeus Ste	58.96
13 Marciano Brunette	FR	CC Rhode Isl	59.52
14 Osawaru Johnson	FR	Roxbury CC	59.57
15 Trong Phan	FR	Suffolk CC	1:00.09
16 Ben Raiber	SO	Harper Colle	1:01.65

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Results

Preliminaries ... (Men 400 Meter Hurdles)

Name	Yr	School	Prelims
17 Eric Bishop	FR	Howard CC	1:01.99

Men 3000 Meter Steeplechase

Meet Record: 9:28.34 # 5/7/2011 Ozzie Huerta

Name	Yr	School	Finals
Finals			
1 Chris Spudic	SO	Harper Colle	9:58.17 10
2 Jordon Hoffman	SO	Mohawk Valle	10:02.00 8
3 Andrew Parlette	FR	Howard CC	10:08.24 6
4 Ryan Wojdyla	SO	Harper Colle	10:09.14 5
5 Joshua Wilcox	SO	Herkimer Cou	10:30.27 4
6 Evan Vanosdol	SO	Delhi	10:37.11 3
7 Hussein Kobeissi	FR	Gloucester C	11:28.56 2
8 Harold Daley	FR	Montgomery C	11:40.45 1

Men 4x100 Meter Relay

Meet Record: 41.29 # 1998

Team	Relay	Prelims
Preliminaries		
1 Howard CC		42.48q
2 Alfred State		42.70q
3 Delhi		43.00q
4 Kingsborough CC		43.30q
5 Queensborough CC		43.54q
6 Gloucester County		44.08q
7 Thaddeus Stevens		44.09q
8 Montgomery College		44.29q
9 Bergen CC		44.30
10 Finger Lakes CC		45.08
--- Harper College		DNF

Men 4x400 Meter Relay

Meet Record: 3:18.01 # 2009

Team	Relay	Prelims
Preliminaries		
1 Howard CC		3:20.95Q
2 Harper College		3:21.05Q
3 Queensborough CC		3:22.58Q
4 Montgomery College		3:23.09Q
5 Gloucester County		3:24.50q
6 Suffolk CC		3:26.12q
7 Delhi		3:26.35q
8 Alfred State		3:28.78q
9 Herkimer County CC		3:32.42
--- Kingsborough CC		DQ

Men 4x800 Meter Relay

1 turn - 2 boxes

Meet Record: 7:44.33 # 2010

Team	Relay	Finals
Finals		
1 Delhi		7:52.61 10

2 Kingsborough CC	8:00.17	8
3 Harper College	8:04.01	6
4 Montgomery College	8:09.51	5
5 Queensborough CC	8:14.32	4
6 Mohawk Valley CC	8:16.00	3
7 Gloucester County	8:16.98	2
8 Alfred State	8:26.29	1
9 Thaddeus Stevens	8:29.65	
10 CC Rhode Island	8:43.87	

Men High Jump

start - 1.77

Meet Record: 2.09m # 2001

Name	Yr	School	Finals
Finals			
1 Isaac Jean-Paul	FR	Harper Colle	2.02m 10
2 Lionel Fontaine	FR	Nassau CC	J2.02m 8
3 Erik Porter	FR	Harper Colle	J2.02m 6
4 Carlton Brown	FR	Gloucester C	1.92m 5
5 Robert Douglas	SO	Harper Colle	J1.92m 4
6 Frank Meza	FR	Suffolk CC	1.87m 2.5
6 Osawaru Johnson	FR	Roxbury CC	1.87m 2.5
8 Brian Majestic	FR	Delhi	J1.87m 1
9 Adamu Mende	SO	Bronx CC	1.82m
10 Travis Nagle	FR	Alfred State	1.77m
--- Alex Hewlett	SO	Alfred State	NH

Men Pole Vault

start - 3.35

Meet Record: 4.96m # 2004

Name	Yr	School	Finals
Finals			
1 David Miller	SO	Alfred State	4.70m 10
2 Jordan Friedman	SO	Alfred State	4.25m 8
3 Travis Nagle	FR	Alfred State	J4.25m 6
4 Shelby White	SO	Suffolk CC	4.10m 5
5 Lucas Sedycias	FR	Bergen CC	J4.10m 4
6 Andre Adkins	SO	Delhi	J4.10m 3
7 Jake Szramek	FR	Harper Colle	3.95m 2
8 Remy Kahn	FR	Gloucester C	3.80m 1
9 Kurtis Woods	FR	Herkimer Cou	3.65m
10 Chris Young	FR	Harper Colle	3.50m
11 Jeremy Cantello	FR	Mohawk Valle	J3.50m
12 Vinnie Massa	FR	Dutchess CC	3.35m
--- Amandeep Singh	FR	Gloucester C	NH
--- David Gutierrez	FR	Harper Colle	NH

Men Long Jump

Top 9 to Final

Meet Record: 7.30m # 2010

Name	Yr	School	Finals
Finals			
1 Blake Evans	FR	Suffolk CC	6.83m 10
2 Donnelle Davis	SO	Herkimer Cou	6.60m 8
3 Gary Castelli	FR	Delhi	6.58m 6
4 Samuel Beckwith	SO	Finger Lakes	6.44m 5

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Finals ... (Men Long Jump)

Name	Yr	School	Finals
5 Pierre Francios	FR	Bronx CC	6.40m 4
6 Lionel Fontaine	FR	Nassau CC	6.36m 3
7 Gerald King	FR	Sullivan Cou	6.30m 2
8 Anthony Reynolds	SO	Suffolk CC	6.24m 1
9 Erick Satchell	FR	Montgomery C	6.17m
10 Kester Chase	SO	Kingsborough	6.09m
11 Dante Seraile	SO	Montgomery C	6.07m
12 Anthony Cox	FR	CC Rhode Isl	5.95m
13 Gregory Whitlow	FR	Howard CC	5.90m
--- Isaac Jean-Paul	FR	Harper Colle	FOUL

Men Triple Jump

Top 9 to Final

Meet Record: 14.86m # 2002

Name	Yr	School	Finals
Finals			
1 Pierre Francios	FR	Bronx CC	14.10m 10
2 Kester Chase	SO	Kingsborough	13.69m 8
3 Jayvon Larkin	FR	Alfred State	13.53m 6
4 Joshua Blango	FR	Sullivan Cou	13.48m 5
5 Anthony Shuler	SO	Finger Lakes	13.28m 4
6 Donnelle Davis	SO	Herkimer Cou	13.05m 3
7 Omar Thomas	FR	Thaddeus Ste	13.01m 2
8 Anthony Reynolds	SO	Suffolk CC	12.84m 1
9 Adam Beardsley	FR	Alfred State	12.83m
10 Daniel Busta	SO	Northern Ess	11.49m
--- Gerald King	FR	Sullivan Cou	FOUL

Men Discus Throw

Top 9 to Final

Meet Record: 55.69m # 2009

Name	Yr	School	Finals
Finals			
1 Tyler Foulds	SO	Delhi	44.82m 10
2 Brandon Bordeau	SO	Delhi	43.26m 8
3 Greg Kalnas	FR	Gloucester C	43.01m 6
4 Alex Benoit	SO	Herkimer Cou	42.83m 5
5 Robert Howard	FR	Alfred State	42.33m 4
6 Brian Edwards	FR	Alfred State	41.97m 3
7 James Moore	FR	Bergen CC	41.54m 2
8 Jamel Fortson	FR	Thaddeus Ste	39.89m 1
9 D'Andre Ellerbe	SO	Delhi	39.25m
10 Greg Gromling	SO	Nassau CC	38.28m
11 Dillon Snell	FR	Mohawk Valle	37.50m
12 Luciano Laterza	FR	Harper Colle	37.04m
13 Nate Krier	FR	Gloucester C	35.53m
14 Michael Efelis	SO	Gloucester C	33.00m

Men Hammer Throw

Top 9 to Final

Meet Record: 52.93m # 2009

Name	Yr	School	Finals
Finals			
1 Ralph Molu	FR	Mohawk Valle	49.52m 10

2 Tyler Foulds	SO	Delhi	49.07m 8
3 Michael Efelis	SO	Gloucester C	48.03m 6
4 Greg Gromling	SO	Nassau CC	44.55m 5
5 Adam Kellogg	FR	Alfred State	42.74m 4
6 Dan Lowry	FR	Harper Colle	42.64m 3
7 Will Houlihan	SO	Alfred State	42.17m 2
8 Dillon Snell	FR	Mohawk Valle	41.82m 1
9 D'Andre Ellerbe	SO	Delhi	40.94m
10 Peter Brown	SO	Harper Colle	40.67m
11 Luciano Laterza	FR	Harper Colle	39.68m
12 Sam Sherwin	FR	Alfred State	38.95m
13 Nate Krier	FR	Gloucester C	37.85m
14 Nicholas Jasikoff	SO	Finger Lakes	36.95m
15 Travis Hughes	FR	Thaddeus Ste	29.63m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	11.57 738
2 Jonathan Fournery	FR	Howard CC	11.72 707
3 Mike Reilly	SO	Herkimer Cou	12.33 588
4 Brian Majestic	FR	Delhi	12.47 562
5 Frank Meza	FR	Suffolk CC	12.49 558
6 Travis Nagle	FR	Alfred State	12.63 532
7 Mike Smith	FR	Delhi	12.71 518

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	51.66 740
2 Brian Majestic	FR	Delhi	52.61 698
3 Jonathan Fournery	FR	Howard CC	53.21 673
4 Mike Smith	FR	Delhi	55.77 568
5 Travis Nagle	FR	Alfred State	56.06 557
6 Frank Meza	FR	Suffolk CC	56.27 549
7 Mike Reilly	SO	Herkimer Cou	1:46.85

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Travis Nagle	FR	Alfred State	4:52.48 604
2 Frank Meza	FR	Suffolk CC	4:53.03 601
3 Mike Smith	FR	Delhi	5:00.33 558
4 Brian Majestic	FR	Delhi	5:31.28 393
5 Jonathan Fournery	FR	Howard CC	5:31.36 393
6 Andre Adkins	SO	Delhi	5:41.78 343
--- Mike Reilly	SO	Herkimer Cou	DNF

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	16.81 644
2 Brian Majestic	FR	Delhi	16.85 640
3 Jonathan Fournery	FR	Howard CC	17.47 576
4 Travis Nagle	FR	Alfred State	18.73 456
5 Frank Meza	FR	Suffolk CC	19.73 371

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Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)

Name	Yr	School	Finals
6 Mike Smith	FR	Delhi	21.80 221
--- Mike Reilly	SO	Herkimer Cou	DNF

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Brian Majestic	FR	Delhi	1.89m 705
1 Travis Nagle	FR	Alfred State	1.89m 705
3 Frank Meza	FR	Suffolk CC	1.86m 679
4 Andre Adkins	SO	Delhi	1.77m 602
5 Mike Smith	FR	Delhi	1.62m 480
6 Jonathan Fourney	FR	Howard CC	1.53m 411
7 Mike Reilly	SO	Herkimer Cou	0.84m 19

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Travis Nagle	FR	Alfred State	4.45m 746
2 Andre Adkins	SO	Delhi	3.85m 576
3 Jonathan Fourney	FR	Howard CC	3.15m 393
3 Brian Majestic	FR	Delhi	3.15m 393
5 Frank Meza	FR	Suffolk CC	2.85m 321
6 Mike Smith	FR	Delhi	2.55m 253
--- Mike Reilly	SO	Herkimer Cou	NH

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Travis Nagle	FR	Alfred State	6.09m 606
2 Andre Adkins	SO	Delhi	6.04m 595
3 Jonathan Fourney	FR	Howard CC	5.58m 498
4 Frank Meza	FR	Suffolk CC	5.48m 477
5 Brian Majestic	FR	Delhi	5.46m 473
6 Mike Reilly	SO	Herkimer Cou	5.41m 463
7 Mike Smith	FR	Delhi	5.20m 421

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	10.80m 534
2 Jonathan Fourney	FR	Howard CC	10.40m 510
3 Travis Nagle	FR	Alfred State	9.92m 481
4 Frank Meza	FR	Suffolk CC	8.86m 417
5 Mike Smith	FR	Delhi	8.23m 380
6 Mike Reilly	SO	Herkimer Cou	8.19m 378
7 Brian Majestic	FR	Delhi	7.56m 340

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	34.21m 548
2 Jonathan Fourney	FR	Howard CC	31.51m 494
3 Travis Nagle	FR	Alfred State	28.31m 431
4 Mike Smith	FR	Delhi	21.73m 305
5 Mike Reilly	SO	Herkimer Cou	18.91m 252

6 Frank Meza	FR	Suffolk CC	18.88m 251
7 Brian Majestic	FR	Delhi	18.27m 240

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	42.31m 476
2 Jonathan Fourney	FR	Howard CC	40.46m 449
3 Brian Majestic	FR	Delhi	35.05m 371
4 Mike Smith	FR	Delhi	34.30m 360
5 Travis Nagle	FR	Alfred State	34.04m 356
6 Frank Meza	FR	Suffolk CC	31.52m 321
7 Mike Reilly	SO	Herkimer Cou	22.80m 199

Men Decathlon

Meet Record: 6072 # 2004

Name	Yr	School	Finals
Finals			
1 Andre Adkins	SO	Delhi	5796 10
2 Travis Nagle	FR	Alfred State	5474 8
3 Jonathan Fourney	FR	Howard CC	5104 6
4 Brian Majestic	FR	Delhi	4815 5
5 Frank Meza	FR	Suffolk CC	4545 4
6 Mike Smith	FR	Delhi	4064 3
7 Mike Reilly	SO	Herkimer Cou	1899 2

Women - Team Rankings - 9 Events Scored

1) Mohawk Valley CC	72
2) Gloucester County	59
3) Delhi	56
4) Herkimer County CC	34
5) Alfred State	25
6) Harper College	20
7) Suffolk CC	18
8) Montgomery College	14
9) Fashion Institute of Technolog	13
10) Prince George's CC	9
11) Howard CC	8
12) Sullivan County CC	6
13) Middlesex CC	4
14) Nassau CC	2
14) Queensborough CC	2
14) Kingsborough CC	2
17) Finger Lakes CC	1

Men - Team Rankings - 10 Events Scored

1) Delhi	71
2) Harper College	67
3) Alfred State	52
4) Gloucester County	25
5) Suffolk CC	24.5
6) Howard CC	22
6) Herkimer County CC	22
6) Mohawk Valley CC	22
9) Kingsborough CC	16
9) Nassau CC	16
11) Bronx CC	14
12) Finger Lakes CC	9
13) Sullivan County CC	7

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14) Bergen CC	6	17) Thaddeus Stevens	3
14) Montgomery College	6	18) Roxbury CC	2.5
16) Queensborough CC	4		